



Global Nurture Project

THE EVOLUTION OF MEDICINE

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Global Nurture Project Acceptance, Evaluation, and Protocols

Client Name: Stuart K.

Primary Acceptance Questionnaire

Can the Global Nurture Project help this person? Yes

Does this person want to be helped and is he or she willing? Yes

Does this person trust the process? Yes

Does this person benefit more from micro dosing or a flood dose (ceremony)?
Iboga is helping already. This person has a deep connection to all sort of sacred plants. At the moment is Kava good to help

Personalized Intuitive Evaluation

Physical:

Tensions in body and system. Control over sensitivity and information that want to be received by the energetic body. Soul wants to adapt to a higher purpose and wants to fully live it's spiritual power but some parts are "rebellling" because of old traumas (probably from previous lifetimes on earth or other dimensions). This confusion brings tensions in body. Body can never fully rest, not even in sleep and uses a lot of energy. Brain is working well but needs some support to relax and to be able to use the nutrition well. Body receives a lot of good foods and is well hydrated.

Energetic body:

Needs support to soften up, so aura and perception work better. Alcohol is causing the opposite.

Emotional:

Mission:

Working and healing with sacred plants is part of the mission. Should go deeper in the work with sacred plants and Shamanism in general.

Marijuana

African dream root

Peyote

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Check out <https://matadornetwork.com/bnt/15-sacred-plants-around-world/>
Should find the deep respect for himself and honor his inner sacredness. To love yourself is the most important reason of life. By honoring yourself you will be able to get all the power out of what you are doing. All your deep longings will be fulfilled. Has a great gift to connect with sacred energy of all forms and work with them together. Is not a 100% connected with his own sacredness which causes confusion in the relation ship in the outside as well. Seems to be on a good path with it. Deeply loving and generous person that is willing to help and support all sorts of kingdoms. Soul has a great responsibility and is able to fulfill it.

Emotional:

Is avoiding sensitivity and feelings a lot. Is struggling with being patient and present with his own feelings. Very much distracted sometimes. Feelings of being vulnerable and sensitive are a great power. To be present with them and to express them is a possibility to change the world. "Fight or flight" should be transformed into "be present and patient even if it's difficult". Trying to find an inner point of silence otherwise gets lost in polar feelings like excitement and depression. Seems to be open to receive help and seems to be on a good way with it.

Up and downs of inside are manifested in all parts of life, money included. There is generally no better or worse. True love and respect is able to stay with everything.

Iboga Dosage: 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 19 20

Notes: Iboga is a friend. Its power is even and the work comes hand in hand.

Optimal Health Protocol

The following optimal health protocol offers suggestions on how you can improve your wellbeing on five main aspects. We invite you to listen to your inner feelings while reading the protocol and following through on any suggestions that feel absolutely right for you. These suggestions have been selected using our unique.

Kinesiology based methods to best support your current situation. These are also not exclusive. Some things might not be included in this protocol yet that does not mean they are not good for the optimization of your health. It simply means that they did not come up specifically for your current state of mind/health that we have conducted for your optimal health protocol.

- **Nutrition**

- Food that is particularly and specifically beneficial to your body:
Eats healthy and is very well nourished.
- Food that is not currently ideal for your body's health and wellbeing:
Alcohol and everything else that is consumed to distract from difficult feelings.

- **Supplements**

These are suggestions, not prescriptions. They will be selected from an extensive list of world renowned supplements in accordance with maximizing your body's health. We invite you to listen to your inner feelings while going through the list of supplements as well.

- Kava tea could be very supportive for brain.
- Peyote
- Vitamin C
- Dandelion root (tea)
- Honor your sacredness and your spiritual power

- **Physical Activity**

- These physical activities will be known to have the most beneficial effect on your body, mind, and spirit. You can participate in them for as long or as rigorously as you'd like but it's best to listen to your body and to not overdo any activity.
- Surf
- Hikes in Nature
- Biking
- Horseback riding

- **Healing Modalities**

Meditation

Reading books

Listening to music

All sorts of sacred plants!!

Flower essences:

Elderflower essence: The elderberry blossom essence is helpful for people who are conflict-prone and who build up a pseudo-world in order to maintain their supposed peace of mind. This essence gives us an objective view of reality and helps to accept and master even unpleasant situations. It gives us strength, gives us confidence in our own abilities and talents. The essence gives the strength to remain faithful even in difficult life times. It also makes it easier for you to look honestly at yourself and others. The search for harmony with everyone is reduced. These people learn to assign the right place to the problems and in this way resolve conflicts instead of always avoiding them.

Elder helps people also to re-trust in their own abilities and talents. Thus the fear that other people would be able to reject them because of a supposed error or a weakness also disappears. Life is accepted in his ups and downs, and the self-deprecatory inner happiness, which is upland, becomes an honest, open feeling-excitement.

Sage and incense for house

Japanese cherry blossom fragrance oil

Shamanic tours. Meet shamans and healers all over the world!

Wife Helena is very helpful (travel together... Egypt or Greece) Any other places are good as well.

- **Environment**

Reading books about the way how Shaman communicate with Devas and going in a deep relation ship with the plant. Learning how to respect her boundaries and powers or even traumas. Learning how to heal and support these plants as well.

More time for himself. Spending more time in Nature or on a fire to process feelings and situations.

Book: Conscious men (John Gray, Arjuna Ardagh)

Travelling: Africa, Canada, Jordan/Israel/Egypt